

**ONLINE YOGA FOR GUINNESS WORLD RECORD ATTEMPT ON JUNE
14**

Panaji: June 11, 2026

The Ministry of Ayush in association with Habuild Healthtech Pvt. Ltd., will be attempting a Guinness World Record by achieving the maximum number of people to participate simultaneously in an online Yoga session through the Ministry of Ayush YouTube platform on the occasion of the International Day of Yoga.

In this regard the General Administration Department has issued circular to all Head of Departments/ Offices/ Autonomous Bodies/ Corporations to encourage employees for mass participation in the online yoga session. The online session will be held on June 14, 2026 from 6.15 a.m. to 7.35 a.m.

Individuals are required to register (in advance) by giving a missed call on the toll-free number 1800-315-7008. Upon registration, participants will receive a WhatsApp message containing the session link.

On the day of Guinness World Record attempt, every participant should individually log in through their own device, as each registered device joining the session will be counted towards the official record.

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