

INTERNATIONAL YOGA DAY CELEBRATIONS IN GOA TO BEGIN WITH SANYOG – ISM YOGA SUMMIT 2026 ON JUNE 19

Panaji, June 18, 2026

Celebrating the spirit of International Yoga Day, the SANYOG – ISM Yoga Summit 2026 will be held on June 19, 2026, at 8:00 a.m. at Taj Cidade de Goa Heritage, Bambolim. Organized by the Goa Council of Ayurvedic and Other Allied Indian Systems of Medicine in collaboration with the Department of Ayush, the summit will bring together Ayurveda practitioners, wellness experts, researchers, and healthcare professionals for a day of learning, dialogue, and holistic wellbeing.

Designed as a platform for learning and professional engagement, the programme will commence with a yoga session, followed by interactions centred on the role of yoga in promoting holistic health and wellness. The summit aims to encourage greater awareness and understanding of the benefits of yoga while fostering dialogue among practitioners from the Indian Systems of Medicine fraternity.

Adding further depth to the deliberations, the summit will feature a session on “Yoga in Neuropsychiatric Healthcare” by Dr. Nitin S. Dhupkar, Consultant Psychiatrist and Neuropsychiatrist, and a session on “Rights and Privileges of Medical Practitioners” by Adv. Vivek Cornelio. The programme will also include a laughter yoga session conducted by Dr. Sandeep Desai. In addition, Ayurveda doctors who participated in the “Health with Ayurveda” camps will be felicitated for their contribution towards community health initiatives.

Reflecting the growing importance of preventive healthcare and holistic living, the summit seeks to strengthen awareness about the role of yoga and traditional systems of medicine in enhancing physical, mental, and emotional wellbeing. By connecting practitioners, researchers, and wellness advocates on a common platform, the initiative aims to encourage greater collaboration and knowledge-sharing within the healthcare ecosystem.

The programme will be attended by Chief Minister Dr. Pramod Sawant as Chief Guest and Shri Vishwajit Rane, Hon’ble Minister for Ayush. The event will also witness the participation of Ayurveda doctors, healthcare professionals, researchers, representatives of the Ayush sector, and other distinguished guests.

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