



Government of Goa

GENERAL ADMINISTRATION DEPARTMENT

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No. 64/1/2025-GAD-III/2566

Dated:19.06.2026(29 Jyaistha 1948)

Ref:- No.Ayush/ADM/Circular-IDY/2026/99 dated 08.06.2026.

Ref:- No.AYUSH/NAM/IDY/2026-27/139 dated 18.06.2026.

C I R C U L A R


The 12th International Day of Yoga (IDY) will be celebrated across the State on **21st June, 2026** and the Government of Goa seeks maximum participation of Government employees in the Yoga Day celebrations, in line with the vision of promoting health and wellbeing.

In this regard, all Heads of Departments/Offices/Autonomous Bodies/Corporations are hereby directed to ensure maximum participation of their officers and staff in the International Day of Yoga programme at the nearest venue. All employees shall be instructed to: -

1. Participate in the Yoga Session on 21.06.2026.
2. Scan the QR Code given below and generate their participation certificate immediately after the event.
3. Submit a copy/screenshot of the generated certificate to their respective Head of Office/ Head of Department for their office record.

The cooperation of all Departments is essential to enable the State of Goa to make the International Day of Yoga (IDY) 2026 a landmark public health initiative. All Departments are therefore requested to encourage maximum participation and contribute towards making the event a grand success.




(Shreyas Dsilva)
Under Secretary(GA-I)

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Copy to: -

1. All Secretaries/Additional Secretaries/ Joint Secretaries/ Under Secretaries to Government, Secretariat, Porvorim.
2. The Secretary to the Governor, Raj Bhavan, Dona Paula – Goa.
3. The Secretary to Chief Minister, Mantralaya, Porvorim – Goa.
4. O.S.D./P.S. to the Ministers, Mantralaya, Porvorim – Goa.
5. P.S. to Speaker, Dy. Speaker, Goa Legislature Secretariat, Porvorim – Goa.
6. O.S.D./P.S. to the Leader of Opposition, Goa Legislature, Porvorim – Goa.
7. The Secretary, Goa Legislature Secretariat, Porvorim – Goa.
8. The Director, Department of Information & Publicity for wide publicity.
9. All Heads of Departments/Offices/ Autonomous Bodies/ Corporations.
10. Department of Ayush, Campal, Panaji – Goa.
11. Guard file.
12. Notice Board.
13. Office copy.