

**PROGRAMMES HELD IN ANGANNWADI CENTRES UNDER SEWA
PAKHWADA**

Panaji: September 25, 2025

As an initiative of Seva Pakhwada, Awareness Sessions, talks, medical camps, self-defence demonstration, Yoga Sessions were conducted at various Anganwadi Centres of 12 Blocks under Directorate of Women & Child Development. The sessions/talks were organized on topics like Nutritional Wellbeing, Healthy Lifestyle, Consumption of Sugar and Oils, Nutritional Diet, Women Empowerment, Menstrual Health and Hygiene, Mental Wellbeing. Health check-up camp was also organized; the beneficiaries were screened for HB, Sugar, Malaria, Pap smear, breast screening, eye check-up. Total of 3267 number of people participated in the various programmes.

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