

EAT RIGHT MELA AT MARGAO ON APRIL 5

Panaji: April 2, 2024
Chaitra 13, 1945

The Directorate of Food and Drugs will be organizing “Eat Right Mela” Healthy and Nutritious Food Festival on 5th April 2024 at Ravindra Bhavan Margao.

This event is being organized to publicize and promote healthy eating among the citizens. As lifestyle disorders attributing to unhealthy eating, stress and lack of exercise has bloomed among the population and thus it is important to rewind and rewire our habits to lay impetus to promote a healthy lifestyle.

At the Eat Right Mela, FDA has engaged nutritionists who will be available to speak to our citizens; Goa’s top chefs will be at work and will display a sumptuous spread of Healthy recipes and food products which will be available for sale. The Mela will have around 20 specially curated foods stalls accompanied with live music from Goa’s renowned band and a cultural program too. A competition is also being organized for professional chefs too. FDA has invited people to experience a journey of healthy eating without compromise on taste. The program will commence at 5:00 pm and will go on till 10:00pm.

It was informed that a promotional vehicle was launched today at the Directorate of Food and Drugs Administration, South Goa branch, Margao by the Director Smt. Jyoti S. Sardesai to publicize this event and to extend a invite to all our citizens.

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