



**Government of Goa**  
**STATE COUNCIL OF EDUCATIONAL RESEARCH AND TRAINING**  
**PORVORIM - GOA 403 521**

PHONE/FAX-0832 2417276

[e-mail-scertgoa@gmail.com](mailto:e-mail-scertgoa@gmail.com)

No: SCERT/Acad/COVID-19/833/2019-20/1524 Dated:- 07.10.2020.

To,  
All Heads of Govt/Govt.Aided/Unaided  
Secondary/Higher Secondary and Special Schools of Goa.

**Sub: - Use of 'Manodarpan' Portal Regarding.**

Sir/Madam,

The Government of India /Union HRD Minister has launched a Manodarpan initiatives as a part of ATMANIRBHAR BHARAT ABHIYAN to provide psychological support to students for their Mental Health and well-being covering a wide range of activities for strengthening human capital and increasing productivity and efficient reform for the education sector during the COVID outbreak and beyond.

Manodarpan initiative is a great utility with proactive and preventive mental health and well being services integrated into the mainstream of learning processes.

The following components are included in the Manodarpan initiative:

- Advisory Guidelines for students, teachers and faculty of School system and Universities along with families.
- Web page on the MHRD website, which will carry advisory, practical tips, posters, videos, does and don'ts for psychosocial support FAQs and online query system.
- National Level Database and directory of counsellors at School and University level whose services can be offered voluntarily for Tele- counselling Service on the National Helpline.
- National Toll-Free Helpline by the MHRD for a country wide outreach to students from school, universities and colleges. This unique helpline shall be manned by a pool of experienced counselors/Psychologists and other mental health professionals and will continue beyond the COVID 19 situation.
- Handbook on Psychological Support: Enriching Life Skills & Wellbeing of students to be published online. The booklet will include FAQs, Facts & Myths and will also cover ways and means to manage emotional and behavioral concerns (From young children to challenge youth) during the COVID - 19 pandemic and beyond.

- Interactive Online Chat Platform for contact, counselling and guidance by psychologists and other mental health professionals which will be available for students, teachers, and families during Covid-19 and beyond.
- Webinars, audio- visual resources including, videos, posters, flyers, comics, short films to be uploaded as additional resource materials on the webpage. Crowd sourcing from students all over the country will be encouraged as peer support.

Heads of Institutions are instructed to conduct the content of this circular widely to all Teachers, Parents and Students as well to take the maximum benefit of the web portal.


You may also give your feedback to SCERT through email.

All detail about Manodarpan portal is available on the Ministry website at link <http://manodarpan.mhrd.gov.in/>.

This issues with the approval of Director of Education



Yours faithfully,

  
(Nagraj G. Honnekeri)  
Director-SCERT

Copy to:

1. Director, Directorate of Education, Porvorim - Goa
2. The State Project Director, Goa Samagra Shiksha , Porvori – Goa.
3. Dy. Director of Education/CEZ/NEZ/SEZ/PLG/Acad for Information
4. ADEIs (Adm) of all Taluka for Information