

No. DHS/NCDC/20-21/55  
Government of Goa,  
National Health Mission,  
Non Communicable  
Disease Control  
Directorate of Health  
Service,  
Campal, Panaji - Goa.

Date: 27/04/2019

**CIRCULAR**

The Department of Psychiatry, North Goa District Hospital in collaboration with Goa AIDS Control Society has scaled up Mental Health Helpline through mobile telephony which will be available from 9.00 AM to 4 PM.

The GSACS Counsellor have received required basic training on Covid 19 pandemic and related mental health issues and are set to launch counselling services to those in Covid Hospital, Facility Quarantine, Hotel Quarantine, Home Quarantine and Shelter Homes.

List regarding Place of posting of Counsellor along with Mobile Numbers, that will be available for counselling from 9am to 4pm, is as follows:

<b>Sr.No.</b>	<b>Place of posting of Counsellor</b>	<b>Mobile No.</b>
1	Counsellor, ICTC, CHC, Pernem	9356922131
2	Counsellor STD, Asilo, Mapusa	9356922108
3	Counsellor, ICTC, Asilo, Mapusa	9356922134
4	Counsellor, PPTCT, Asilo, Mapusa	9356922136
5	Counsellor, STD, Asilo, Mapusa	9356922137
6	Counsellor, ICTC, PHC, Candolim	9356922141
7	Counsellor, ICTC, TB & Chest, St. Inez	9356922109
8	Counsellor, ICTC, SDH, Ponda	9356922139
9	Counsellor, PPTCT, SDH, Ponda	9356922127
10	Counsellor, ICTC, CHC, Valpoi	9356922140
11	Counsellor, ICTC, GMC, Bambolim	9356922123
12	Counsellor, ICTC, GMC, Bambolim	9356922124
13	Counsellor, STD, GMC, Bambolim	9356922125
14	Counsellor, ART, GMC, Bambolim	9356922126
15	Counsellor, Blood Bank, GMC, Bambolim	9356922128
16	Counsellor, PPTCT, GMC, Bambolim	9356922129
17	Counsellor, ART, GMC, Bambolim	9356922130
18	Counsellor, ART, GMC, Bambolim	9356922132
19	Counsellor, ART, GMC, Bambolim	9356922133
20	Counsellor, PPTCT, GMC, Bambolim	9356922138
21	Counsellor, STD Clinic, Hospicio Hospital, Margao	9356922142
22	Counsellor, ART Centre, Hospicio Hospital, Margao	9356922144
23	Counsellor, ICTC, Hospicio Hospital, Margao	9356922145

24	Counsellor, Blood Bank, Hospicio Hospital, Margao	9356922146
25	Counsellor, PPTCT, Hospicio Hospital, Margao	9356922148
26	Counsellor, STD, Cottage Hospital, Chicalim	9356922120
27	Counsellor, ART, Cottage Hospital, Chicalim	9356922121
28	Counsellor, ICTC, Cottage Hospital, Chicalim	9356922122
29	Counsellor, ICTC, CHC, Curchorem	9356922147
30	Counsellor, ICTC, CHC Canacona	9356922143

These counsellors will phone counsel all those in Covid Hospital, Facility Quarantine, Hotel Quarantine, Home Quarantine and Shelter Homes. Should the counsellors find severe mental health symptoms like, suicidal ideas, poor intake, crying spells etc these cases will be referred to [covidav.com](http://covidav.com) for expert consultations.

The list may be circulated to all concerned for reference.

  
 (Dr. Jose O A Desa)  
 Director of Health Services

To,

1. The Medical Superintendent / Health Officer/ Medical Officer (Incharge), DH/ SDH/ CHC/PHC/UHC.
2. The Dean, Goa Medical College and Hospital, Bambolim, Goa
3. The Dean, IPHB, Bambolim, Goa
4. The Collector, Office of Collector & District Magistrate, North Goa & South Goa
5. The Superintendent of Police, North Goa & South Goa

Copy to:

1. Goa State Aids Control Society  
Panaji - Goa.
2. Guard File