TRAINING PROGRAMME HELD FOR COOK-CUM-HELPERS

Date: December 2, 2019

A training programme for Cook-Cum-Helpers under the Mid Day Meal Scheme for the State of Goa covering North Education Zone, Central Education Zone and South Education Zone held recently.

The purpose of the training programme was to train the Cook-Cum-Helpers and the Self Help Groups, Mahila Mandals, P.T.A on Food Handling, Serving, Personal hygiene, Use of Local Seasonal Vegetables, Kitchen Gardening and Nutritious cooking practices.

Nutrition experts Ms. Varsha Bhide and Ms. Manasi Kudchakar were the resource persons for the training programme.

Ms. Varsha Bhide spoke on personal hygiene and different aspects of hygiene and food safety and food handling. Ms. Manasi Kudchadkar spoke on importance of nutritious cooking practices, use of local seasonal vegetables and kitchen gardening. Shri Vijendra Naik provided technical expertise during the training programme.

Set of aprons, head gears and hand gloves were distributed to the participants.

Assistant Director of Education Mrs. Maria Rose Grace D’Souza welcomed the participants and spoke on the importance of health and hygiene. Vocational Education Officer Shri Jaywant Naik explained the importance of quality of Mid Day Meals and proposed the vote of thanks.

The function concluded with Prize distribution by the A.D.E.I’s at the taluka level dealing with mid-day meal scheme.

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