

TRAINING PROGRAMME FOR MID -DAY MEAL SCHEME HELD

Panaji: October 30, 2019
Kartika 8, 1941

The Directorate of Education had organized a training programme for Cook-Cum-Helpers under the Mid Day Meal Scheme in all the 12 talukas of the State of Goa covering North Education Zone, Central Education Zone and South Education Zone.

The purpose of the training programme was to train the Cook-Cum-Helpers and the Self Help Groups/ Mahila Mandal/ P.T.A on Food Handling, Serving, Personal hygiene, Use of Local Seasonal Vegetables, Kitchen Gardening and Nutritious cooking practices.

The Resource Persons for the Training Programme were the Nutrition Experts Varsha Bhide and Manasi Kudchakar. Varsha Bhide spoke on personal hygiene and different aspects of hygiene and food safety and food handling. Manasi Kudchadkar spoke on importance of nutritious cooking practices, use of local seasonal vegetables and kitchen gardening.

Taluka level cooking competition for Self Help Groups/ Mahila Mandal/ P.T.A was organized on the topic “Healthy and Nutritious Food item for Children”. The programme was followed by the Prize distribution by the A.D.E.I’s at the taluka level dealing with Mid -Day Meal Scheme.

Assistant Director of Education Maria Rose Grace D’Souza welcomed the participants of each Training Programme and spoke on the importance of health and hygiene. Vocational Education Officer Jaywant Naik explained the importance of quality of Mid Day Meals and proposed the vote of thanks.

DI/NB/JA/PP/AN/2019/948

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