

AYUSH MINISTER INAUGURATES INTERNATIONAL YOGA CONFERENCE

Kartika 21, 1940

Union Minister of State for AYUSH Independent Charge (IC), Shri Shripad Naik inaugurated two days International Yoga conference with the theme “Yoga for Public Health” organized by Ministry of AYUSH Government of India at Kala Academy Panaji today.

Founder of The Art of Living International, Bengaluru, Gurudev Sri Sri Ravi Shankar, Secretary, Ministry of AYUSH, Govt. of India, Shri Vaidya Rajesh Kotecha, Chancellor of SVYASA University, Bengaluru, Dr. H.R. Nagendra, Addl. Secretary, Ministry of AYUSH, Govt. of India, Shri P.K. Pathak and Advisor (Ayurveda) Ministry of AYUSH, Govt. of India, Dr. Dinesh Katoch were present on the occasion.

AYUSH Minister said that this is the 4th International Yoga Conference and Yoga is becoming popular World-wide. Day by days it has reached almost every part of the globe. Yoga has multi-faceted benefits in terms of physical, mental, emotional, social and spiritual well-being of a person. It creates long term impact benefited to the people he added. He further urged people to inculcate habit of practicing yoga in their everyday life.

While speaking on the occasion, Gurudev Sri Sri Ravi Shankar said that yogi’s life everyday is like a festival since they light the lamp of light in their heart every day. He further said today yoga has become a widely accepted norm in the world. Many institutions are interested in making research of yoga world over.

Chancellor of SVYASA University, Bengaluru, Dr. H.R. Nagendra, also spoken on the occasion.

Secretary, Ministry of AYUSH, Govt. of India, Shri Vaidya Rajesh Kotecha welcomed the gathering, Addl. Secretary, Ministry of AYUSH, Govt. of India, Shri P.K. Pathak proposed the vote of thanks and Dr Dayanand Rao compered the function.

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