

Rajiv Gandhi Scheme for Empowerment of Adolescent Girls (RGSAG) –“SABLA”

Empowering adolescent girls (AGs) of 11-18 years with focus on out-of-school girls by improvement in their nutritional and health status and upgrading various skills like home skills, life skills and vocational skills.

Equipping the girls on family welfare, health hygiene etc. and information and guidance on existing public services along with aiming to mainstream out of school girls into formal or nonformal education. For the nutrition provision, 11-14 years out of school AGs and all girls of 15-18 years would be covered since Mid day meals do not cover 15-18 years girls.

Meant for Adolescent girls (AGs) of 11-18 years with focus on out-of-school girls.

Assistance :An integrated package of services would be provided to AGs:-

- i.) Nutrition provision (600 calories, 18-20 gm s. of protein and micronutrients @ Rs.5 per beneficiary per day for 300 days).
- ii. IFA supplementation,
- iii. Health check-up and Referral services,
- iv. Nutrition & Health Education (NHE),
- v. Counseling/Guidance on family welfare, ARSH, child care practices and home management,
- vi. Life Skill Education and accessing public services,
- vii. Vocational training for girls aged 16 and above under National Skill Development Program (NSDP)

Further details contact : Respective Anganwadi Worker in the Anganwadi Centre in the area.